

Femarelle®

A Phyto-SERM for Menopause Symptoms & Bone Health

Product Number (NPN#): 80052631

Recommended use:

For the relief of menopausal symptoms in menopausal and post-menopausal women (e.g. hot flashes, sleep disturbances). To support bone health in menopausal and post-menopausal women.

Recommended Duration of Use:

Consult a health care practitioner for use beyond 1 year.

Contraindications:

Do not take **Femarelle®** if you are taking hormone therapy, raloxifene or tamoxifen.

Do not take **Femarelle®** if you are allergic to soybean, soy products or flaxseed.

Cautions and Warnings:

- Keep out of reach of children.
- Not for use during pregnancy.
- Not for use during breastfeeding.
- Consult a health care practitioner if symptoms worsen.
- Discontinue use and consult a health care practitioner if you experience breast pain, discomfort and/or tenderness, or if you experience a recurrence of menstruation and/or uterine spotting.
- Capsules are individually sealed in blister packs. Do not use if seal is cut, torn or broken.
- Do not use beyond the expiry date on the blister pack.

Medicinal ingredient:

Each capsule contains 322 mg fermented soybean extract (Glycine max)

Non-medicinal ingredients:

108 mg flaxseed, Gelatin

Storage Conditions:

Keep under normal storage conditions.

Femarelle®

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Now available for your patients
Approved by Health Canada



Besins Healthcare Canada
1-855-748-7223
www.femarelle.ca

Femarelle®

A Phyto-SERM for Menopause Symptoms & Bone Health

Efficacy

- ✓ Significant reduction of menopausal symptoms in 75% of patients¹
 - 12 month study
 - Comparable to HT²
- ✓ Supports bone health
 - Positive effect on BMD³
- ✓ SERM⁴
 - No effects on endometrial thickness
 - No change in hormonal blood profile
 - No stimulation of breast tissue

Scientifically proven

- ✓ 17 published studies in reputable scientific journals
- ✓ Approved by Health Canada

Safety

- ✓ Rare transient side effects⁵
- ✓ No serious side effects reported⁵
 - > 3.5 million months of treatment
- ✓ Available in 18 countries
- ✓ 14 years on the worldwide market

1. Yoles et al. **Efficacy and Safety of Standard versus Low Dose of Femarelle for the Treatment of Menopausal Symptoms**. J. of Clin Exper Obstet Gynecol 2004;31(2): 123-126
2. Labos G., Trakakis E. et al. **Efficacy and Safety of DT56a (Femarelle) compared to hormone therapy in Greek postmenopausal women**. J Endocrinol. Invest. 2013;36(7): 521-526
3. Yoles I. et al **Femarelle (DT56a)-a New Phyto-Selective Estrogen Receptor Modulator-like Substance for the Treatment of Postmenopausal Bone Loss**. Menopause 2003; 10(6): 522-525
4. Somjen D, Yoles I. **DT56a (Femarelle): a Natural Selective Estrogen Receptor Modulator (SERM)**. J. of Steroid Biochemistry & Molecular Biology 2007; 104: 252-258
5. Data on file Secure Pharmaceuticals

Femarelle®

A Phyto-SERM for Menopause Symptoms & Bone Health

Femarelle

- ✓ Not an Estrogen
- ✓ Each capsule contains 322 mg of fermented Soybean Extract (DT56a)
- ✓ Unique proprietary compound
- ✓ Standardized substance
- ✓ Produced under strict pharmaceutical conditions in a GMP approved facility

Dosing

- ✓ 322 mg twice daily
 - One capsule in the morning
 - One capsule in the evening
- ✓ Can be taken with or without food
- ✓ 56 capsules per package
- ✓ 28 day treatment

